



S O F I T E L

S P A A

MENU

REJUVENATING  
WORLD TRADITIONS  
FRENCH COSMETOLOGY

The Sofitel SPA treatments offer you the perfect way to spend your day relaxing and enjoying an experience of total luxury. Our Sofitel SPA team is committed to provide the highest quality of service that will help you unwind from the stress of everyday life. We will pamper your mind, body and spirit, allowing you to relax, recharge, and reenergize.

Whether you book an appointment for hair and make-up, a quick manicure or pedicure, a relaxing massage, our Sofitel SPA team will do everything to make you feel beautiful and full of energy.

# SIGNATURE TREATMENTS

Find ultimate relaxation when choosing one of the luxurious Signature Treatments. These spa treatments offer the greatest pampering and total bliss and include a glass of Champagne and aromatouch oils.

## **Facial & Massage of your choice**

90 / 120 minutes

€ 210 / € 280

Get the best of both worlds with a facial and massage of your choice for a complete renewal of face and body.

## **A Celebration for Two**

60 / 90 / 120 minutes

€ 295 / € 395 / € 495 for two

This treatment is specially designed for couples or friends who are looking for the ultimate way to unwind together. Each of you chooses the massage or treatment of your preference and we do the rest.

## **Imperial Face & Body Experience**

150 minutes

€ 325

Refresh and recharge your face and body with this amazing experience. The treatment includes a body scrub, a 60 minute facial and a 60 minute massage of your choice. Our professional team will make sure you feel reenergised afterwards.

## **Four Hands Massage**

60 / 90 / 120 minutes

€ 260 / € 350 / € 425

The unique Four Hands Massage is given by two of our highly trained therapists, who work together to provide an exceptional level of peace and relaxation within your mind and body.

## **Our Signature Massage**

90 / 120 minutes

€ 210 / € 275

First you will receive a deep tissue massage that will leave your body feeling tension-free. This specialized massage will make your muscles and connective tissue feeling so much lighter than before. Combined with a 30 minutes massage of pure relaxation, our Signature Massage is the best way to spend your day.

# SIGNATURE TREATMENTS

## **Thai Yoga Table Massage**

75 / 90 / 120 minutes

€ 175 / € 205 / € 265

The Thai Yoga Table Massage is an evolution of a traditional massage, combined with yoga stretches. Movement and intention are integrated in this treatment to decrease stress, tension, and pain through these blended healing practices.

## **Strong Muscular Deep Tissue Massage**

75 / 90 / 120 minutes

€ 175 / € 205 / € 265

Our popular Deep Tissue massage with a strong focus on your pressure points that will leave your body feeling tension-free.

# MASSAGE TREATMENTS

We proudly offer you a carefully selected collection of massages designed to put your mind and body at ease.

## **Legs and Foot**

30 / 45 / 60 minutes

€ 80 / € 99 / € 135

A relaxing massage for tired, achy legs and feet. An excellent choice after a day of being on your feet.

## **Head, Back and Neck**

30 / 45 / 60 minutes

€ 80 / € 99 / € 135

A warm and relaxing head, back, and neck massage offers complete stress and tension relief, leaving you totally renewed.

## **Relaxing massage**

60 / 75 / 90 / 120 minutes

€ 135 / € 165 / € 185 / € 245

Choose from a traditional massage or a relaxing massage and feel well-rested and revived afterwards.

## **Deep Tissue**

60 / 75 / 90 / 120 minutes

€ 145 / € 175 / € 195 / € 255

A deep tissue massage will leave your body feeling tension-free. This specialized massage will make your muscles and connective tissue feel so much lighter than before.

## **Hot Stone**

60 / 75 / 90 / 120 minutes

€ 145 / € 175 / € 195 / € 255

An excellent choice for sore and, tired tissues. The hot stones work to relax and release all muscle tension.

# MANICURE & PEDICURE

## **Luxury Manicure**

60 minutes

€ 85

Get pampered with a luxury manicure from one of our exceptional manicurists. We take care of your cuticles, shape your nails and scrub your hands with a lovely massage. Normal nail polish included.

## **Luxury Pedicure**

70 minutes

€ 95

Enjoy a luxury pedicure that leaves your feet feel relaxed and looking gorgeous. Normal nail polish included.

## **Luxury Manicure & Pedicure Package**

120 minutes

€ 175

Combine a manicure and pedicure that leaves your nails feel and look great. Enjoy both services at the same time.

## **Shellac Manicure**

70 minutes

€ 95

Enjoy a relaxing pedicure that will help to soothe your feet and let your nails be polished with the durable, beautiful shellac polish of your choice.

## **Shellac Pedicure**

75 minutes

€ 105

Enjoy a relaxing pedicure that will help to soothe your feet and let your nails be polished with the durable, beautiful shellac polish of your choice.

## **Shellac Manicure & Pedicure Package**

120 minutes

€ 190

*(or 2 persons at the same time - if available - 75 minutes)*

Take care of your nails with a luxurious manicure and pedicure and finish with a shellac nail polish, that stays beautiful for at least 2 weeks.

# FACIAL TREATMENTS

## **Sofitel SPA Deluxe Facial**

60 / 90 minutes

€ 145 / € 205

An anti-aging spa facial that focusses on the connective tissue with special Japanese rituals and massages, using the best products and Ko-Bi-Do techniques. Look and feel vibrant after this exquisite deluxe facial treatment.

## **Cinq Monde Facial**

60 / 90 minutes

€ 140 / € 195

Using French technology and Cinq Monde products, this facial is designed to create a softer looking, more youthful skin, combining the best ingredients and rituals from the world. Whether you are getting ready for a night out or just looking for relaxation; a facial is always a good idea.

## **Signature Body Scrub**

30 minutes

€ 75

Cleans and moisturize your skin with our exfoliating face scrub and say goodbye to dull, blotchy and grainy skin forever.

# HAIR & MAKE-UP

*(upon availability)*

## **In-Room Blow Dry**

45 / 60 / 60 minutes

€ 95 / € 105 / € 115

Short / medium / long hair

Experience the convenience that comes with the luxury of having someone blow dry your hair and enjoy it in the privacy of your own room.

## **Day / Evening / Glamour Make-Up**

45 / 60 / 60 minutes

€ 95 / € 110 / € 135

Do you have a date or a special event to attend? One of our make-up artists can help you with your make-up and create a beautiful natural day look or glamorous evening look. False eyelashes are included in the Glamour Make-Up price.

## **Updo**

60 minutes

€ 115

Compliment your look with a trendy updo hairstyle of your choice.

## **False lashes**

60 minutes

€ 25

Make your eyes sparkle with our long-lasting eyelashes.

# HAIRCUT

*(upon availability)*

## **In-Room Haircut**

45 / 60 minutes

€ 125 men / € 150 women (including blow-dry)

To trim your hair just before an important meeting or because you want to look good, our experienced hairdressers are ready to give you an wonderful (new) hairstyle. All in the comfort of your own room.



# BRIDAL SERVICES

*(upon availability)*

Your big day is coming closer and our team is on-site to provide all your wedding day services. Contact us today to discuss the possibilities and schedule your deluxe bridal services.

## **Bridal Hair**

90 minutes

€ 175

On a day that you will cherish forever, you want your hair to look perfect. Our hairstylist will work for you to create an unforgettable hairstyle for your special wedding day.

## **Bridal Make-Up or Trial Session**

90 minutes

€ 175

Your wedding day is coming up and of course you have to look perfect on your big day. We understand and we are here to help!

## **Bridal Hair and Make-Up Package**

150 minutes

€ 325

Get pampered on your wedding day with a full hair and make-up package. One of our professional hair & make-up artists will help create an unforgettable look for your wedding day. Also available with a trial session hair and make-up.

# SPECIAL MEMBERSHIP

## Special Membership

6 months / 1 year

€ 500 / € 995

Our exclusive membership includes one massage of your choice, discount on massages, access to the Sofitel SPA facilities such as the indoor swimming pool, sauna, Sofitel FITNESS and lockers. Of course the usage of bathrobes and towels is also included.

### GIFT CERTIFICATE

A chic and refined gift that suits every occasion.

Offered from one hour to an entire day of well-being.

[Click here to purchase a Sofitel SPA gift certificate.](#)

# MORE INFORMATION

## **Cancellation Policy**

Cancellation is free of charge if made 24-hours before the treatment. Hotel guests have until 4 hours before the treatment. Otherwise full cost of the treatment will be charged.

## **Reservations**

- A reservation for the treatment of your choice is mandatory.
- Please make your reservation at least one hour prior your preferred time and date.
- Bookings made by hotel clients directly with Sofitel SPA are secured by the signing of a reservation card or a credit card printout.
- Bookings made by external guests directly with Sofitel SPA are secured by a credit card printout or cash payment.
- Changes in relation to treatments and times are possible without penalties being charged depending on availability.

## **Arrival at Sofitel SPA**

- Please refrain from sunbathing, heavy eating and consuming alcoholic beverages prior to your treatment, as this may have an adverse effect on your spa experience.
- Please let us know if you are feeling unwell or have a history of high/low blood pressure, allergies or poor health that requires medication.
- Our spa treatment rooms cater to the needs of individuals or couples. We will provide you with disposable underwear, bathrobes, slippers, towels, shower facilities and a hair dryer for your comfort and convenience.
- Please leave any valuable belongings in your room or at home. We will not accept responsibility for the loss of valuables brought to the spa.